

Safety & Your Child 2 - 3 years BETTER AND FASTER



I CAN GO ANYWHERE
Walk, climb, run very fast so I fall over a lot.
I don't look where I'm going.

I KNOW SOME THINGS ARE DANGEROUS

I know the word NO!

I don't always understand why you said it.
I may not always take notice.
I lose my temper.
I need a lot of help to stay in one piece.

I COPY YOU AND OTHER GROWN UPS

I copy my friends and other children.
I can get into a lot of trouble!

I may switch on:

Fires, irons, and other appliances.
Play with matches, lighters and plugs.
I may turn on taps.
I can undo gates, windows and car seat buckles.
I can turn keys in locks!

I COULD BE ANYWHERE

If you can't hear me come and find me.



MAKE SURE IF I AM OUTSIDE THAT I CAN PLAY SAFELY

Take special care when I am with family or at friends' houses.
Help them to help me to keep safe.

ACCIDENTS TO WATCH FOR

I may run around with scissors, knives, glass or pens.
I may run at:
windows, glass in doors, the road, or into water.



First Aid Advice

Choking/ingestion – Don't encourage vomiting. Bring the substance swallowed to Emergency Department.

Encourage child to cough to clear obstruction. If they can't cough and you can see the object, sweep a single finger from side of mouth to remove it.

If they can't cough and you can't see object, tilt head downwards and perform up to 5 back blows using heel of hand while someone calls 999. Aim between the shoulder blades.

For infants, child lying face down on your lap with head lower than body. Use one hand to support head, and the other hand to perform up to 5 gentle back blows using heel of hand while someone calls 999. Aim between the shoulder blades.

Burns – Cool the area with cold running water for maximum of 10 minutes then cover area with cling film **not over face**. Do not apply any creams, toothpastes, oils or gels.

Remember: Warm the child and cool the burn. The child will need pain relief and the injury must be seen by a doctor, do not burst blisters and seek medical advice.

Injuries/ill child with fever If your child is in pain or has a high temperature consider giving Paracetamol (Calpol) or similar, follow the dose on the bottle. Minimize layers of clothing/bedding to help cool child down. **Do not** cool with cold flannel or in a cold bath.

Speak to a local pharmacist/walk-in Centre/GP for further advice about medicine for children

If your child is unconscious or having difficulty breathing call 999

If in any doubt call NHS direct on 08454647 (or 111 from March 2013) for advice. See your GP or attend the Hospital Emergency Department.

You may be interested in attending a first Aid course to improve your knowledge

I want to walk a lot

I like to run away.

I will be at risk near the road.

I will not hold hands.

So use reins.



I may lose TEETH ON SWINGS

I cannot see danger coming.

Keep an eye on me when I play.



I am lots of fun

But I will make you cross sometimes.

I will eat or drink anything

I can open child resistant containers - even if you can't!

Lock away medicines, cleaners and chemicals in the house, garden and garage.

