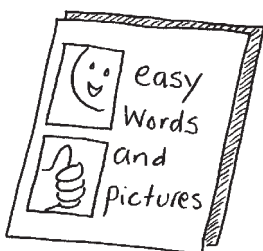


# Services for adults with a learning disability



**This leaflet is easy to read**





## Introduction

This leaflet is to tell you about what will happen if you think you need help from the Learning Disabilities Service. You must be 18 years old or older.

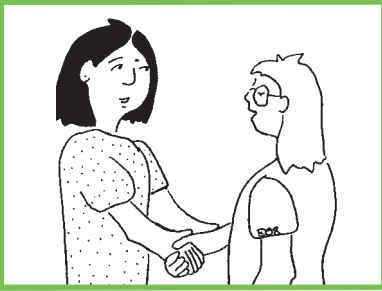
When you are an adult, any services you use will come from the Adult and Communities Directorate, instead of from the Directorate of Children, Young People and Families.

If you already have a children's social worker, you should talk to them about how to get help from the Learning Disabilities Service.

## What is a learning disability?

A learning disability is:

- when you find it difficult to understand new or complicated information and learn new skills
- when you find it difficult to cope on your own, and
- something that started before you were an adult, and had a lasting effect on your development.



## Assessment

First of all, you will need an assessment from a social worker to see if we can help.

We will need to find out some information about you, talk to you about it and work out what services we might offer you.

If you have a carer we will offer them a **carers' assessment**.

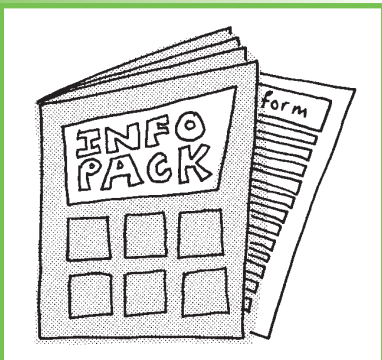


Having an assessment does not always mean we will give you a service.

We have 2 leaflets that tell you more about assessment and getting a service.

The leaflets are called:

- 1 'Fair Access to Care Services', and
- 2 'What is an assessment?'



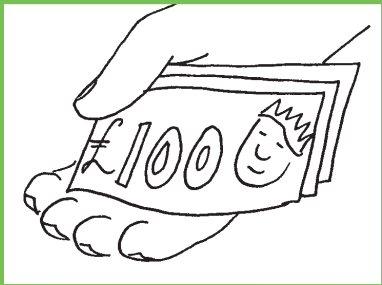
## What happens next?

If we **cannot** offer you a service, we will tell you about other people who might be able to help, like health services and other organisations.



If we can offer you a service, we will:

- talk with you and your carers about your needs, and
- try and find the help you need or give you the money to buy the support you need. This is called a **direct payment**.



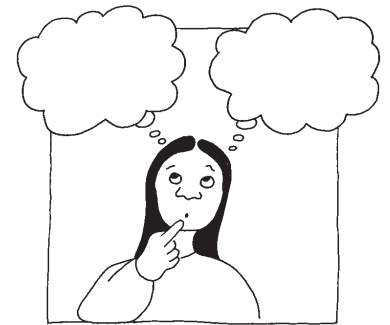
We have another leaflet called:

**'An easy guide to getting a Direct Payment to pay for the support you need'.**



## What sort of help?

Here are some of the types of help you can get.



## Community Options Team

This team can help you find things to do in the day, evening or at weekends. This could be college courses, adult education classes, leisure activities, social activities or work placements.

We have a leaflet that can tell you more.

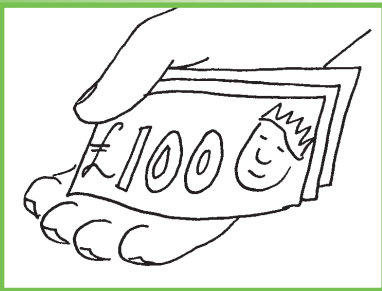
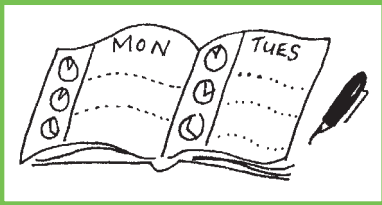
It is called **'Community Options Teams - enabling people with a learning disability to live the life they choose'.**





## Short Breaks

Short breaks can be a short stay away from your family home or staying in your home while your carer has a break. This could be for a few hours, days or weeks, depending on your needs.



Direct payments can be used to pay for short breaks.



## Support to move away from your family home

This might be **Supported Living**

This is when you live in your own home and have support to help you.

It could be living by yourself or with other people.





## Adult Placement

This means sharing an ordinary home with the other people who live there. They give you the help you need.



Foster carers who want to carry on caring for a young person after they are 18 years old, might be able to become an Adult Placement Carer. This would mean the young person could carry on living with them.



## What happens next?

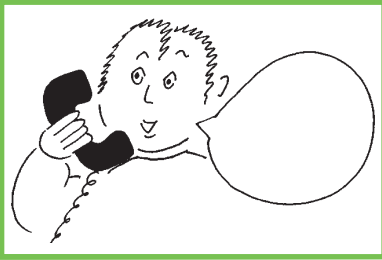


## Review meeting

If you have a service from us, we will talk to you after 28 days to check how you are getting on. We call this a review meeting.

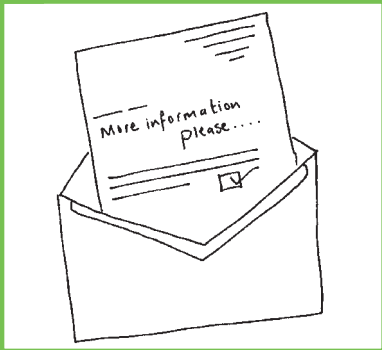


If you carry on having a service from us, we will need to check with you every year to see how things are going.



## What should I do now?

If you think you need support from Adults and Communities, you can get more information from the following address.



**Learning Disability Social Work Team  
Adult and Communities Directorate  
Bierton Road Centre  
25 Bierton Road  
Yardley  
Birmingham  
B25 8PY**



Telephone: **0121 303 2202**

In emergencies when the offices are closed,  
telephone:

**0121 675 4806**

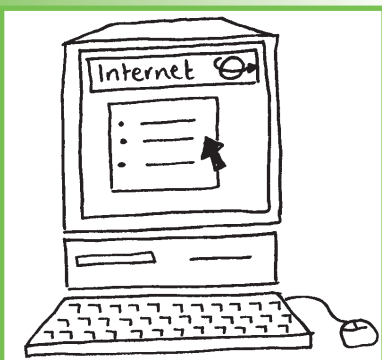


## Your right to be heard

If you want to make any comments, compliments or complaints about our service, you can write to us at the following address.



**Birmingham City Council  
Adults and Communities  
Customer Relations Service  
Milton Grange  
16 Handsworth Wood Road  
Birmingham  
B20 2DR**

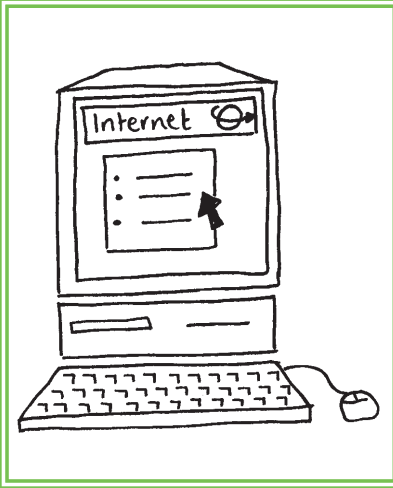


Telephone: **0121 303 5161**

We are open Monday to Thursday 8:45am to 5:15pm and Fridays 8:45am to 4:15pm

E-mail:

**SCHComplaintsTeam@birmingham.gov.uk**



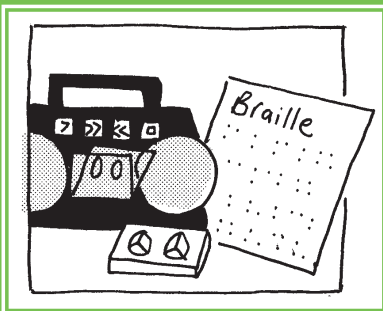
## Useful websites

Birmingham City Council

[www.birmingham.gov.uk](http://www.birmingham.gov.uk)

Birmingham Learning Disability  
Partnership Board

[www.tellusmore.org](http://www.tellusmore.org)



If you would like a copy of this leaflet in another language, in large print, in Braille or on audio cassette or CD, please telephone the Communications and Information Team on **0121 464 3123**.



Pictures from CHANGE

[www.changepeople.co.uk](http://www.changepeople.co.uk)