

Alzheimer's Society

Support Services in Birmingham

Alzheimer's Society

A national charity which provides support to people living with dementia and their family carers

Here to:

- Provide the best advice and support to anyone dealing with dementia
- Enable people to make a meaningful contribution and realise their potential
- We put people with dementia at the centre of everything we do

Overview of Services

Alzheimer's Society have been commissioned by Birmingham CCG's and Council to provide:

- Dementia Advisers – give information for people who have received a diagnosis of dementia and signpost or refer them to services they need.
- Dementia Support Workers – provide an outreach service for anybody living with dementia and their family carers
- Group services

Dementia Advisers

May cover

- Driving
- Legal and financial matters e.g. benefits and planning for the future
- Keeping involved and staying healthy
- Practical advice on living with memory problems e.g. Assistive Technology
- Referrals to a range of services including benefit advice agencies, or in house Activity Groups

Dementia Support Workers

- Open referral system including self-referrals
- In-depth emotional and practical support for people living with dementia and their family carers
- Information about dementia and local services
- Referral and help with accessing a range of services e.g. Social Care, Telecare, Carers Emergency Response Service, Fire Safety checks
- Not long-term visiting / befriending service or care service, but issue-based support provided through a series of home visits

Benefits for GP's

- Straightforward referral to an organisation which provides a range of one to one and group services
- Provides support to family carers when they experience a crisis and works with families to help them plan to avoid further crisis
- Provides reassurance, advice and emotional support to your patients
- Helps people access a range of other support systems when needed

Benefits for patients

- Support, Information and Guidance
- A gateway to other support and services
- Time to spend with people; emotional support
- Tools on how to manage, it may prevent a crisis
- Reduce isolation, put people with dementia and family carers in touch with others
- Reduce stigma and give hope
- People have a nominated point of contact and a named person they can see and talk to.

In summary...

- See this service as a treatment option which works
- It helps carers develop coping strategies
- It helps people live well with dementia

Group Services

Group services put people and families affected by dementia in touch with others and are focussed on enhancing people's well being:

- Dementia Cafes
- Activity Groups
- Singing for the Brain
- Carers' Group

Contact us

- Birmingham Office **0121 706 4052**
- National Helpline **0300 222 1122**
- www.alzheimers.org.uk