## JOB DESCRIPTION

Job Title Advanced Nurse Practitioner for Stroke

Salary Scale BAND 7

DIRECTORATE Elderly

PROFESSIONALLY RESPONSIBLE TO: Matron

MANAGERIALLY ACCOUNTABLE TO: Matron

### **JOB SUMMARY**

The post holder will take a key role in leading and developing the Stroke specialist nursing service across the organisation.

Using advanced nursing practice; manage a cohort of patients referred for specialist intervention, care and support within Stroke services.

Demonstrate highly developed and advanced specialist Stroke knowledge and skills through innovative practice leading to the development of increasing levels of autonomy.

Develop strategies to ensure practice development and education for other health care workers caring for patients within the Stroke speciality.

The post holder will be a core member of the Stroke multi-disciplinary team (MDT)

# **KEY RESPONSIBILITIES**

# **EXPERT CLINICAL PRACTICE**

1. Provide an evidence-based Stroke specialist nursing service, which is responsive to user's needs, to a cohort of patients referred to the Stroke service/MDT. Care will reflect current local protocols and national guidelines and will be delivered through face-to-face consultation or via telephone communication on a day-to-day basis.

- 2. Demonstrate advanced practice skills in the holistic assessment, planning, implementation and evaluation of care for the cohort of patients within the Stroke speciality. This will necessitate high levels of autonomy and advocacy, using analytical and judgemental skills in undertaking differential diagnosis to ensure the delivery of appropriate care.
- 3. Facilitate the direct admission of patients to the Hyper-acute Stroke Unit as per Stroke agenda and subsequent pathway as per local guidelines.
- Manage a cohort of patients and prioritise workload to meet patient and service need.
- Undertake clinical competencies relevant to the Stroke service to demonstrate
  expertise in extended nursing roles. Assess and effectively manage individual
  psychological reactions to diagnosis, treatment and associated effects of
  Stroke and TIA.
- Facilitate and co-ordinate the process of informed choice for patients in the provision of treatment and care. Ensure that individual care plans are understood.
- 7. Act as a patient advocate to guide treatment and care decisions to ensure that patient's individual needs are expressed and valued.
- 8. Advise on the complex disease and symptom management for patients within the Stroke speciality in both the inpatient and outpatient settings. Evaluate response to interventions and advise on the adaptation of management.
- Act as a resource for health care professionals working within the Trust and primary care, providing specialist professional advice and support concerning Stroke and TIA.

10. Work autonomously in the development and delivery of nurse led or parallel clinics in line with National guidance and local service need.

# COMMUNICATION

- Co-ordinate the patient care pathway, ensuring timely referrals are made to
  members of the multidisciplinary and treatment teams. This will include
  receiving direct referrals to the specialist Stroke nursing service from medical
  and nursing staff within the Trust and in primary care.
- 2. Demonstrate advanced empathetic interpersonal and communication skills in supporting, informing and advising patients and carers through diagnosis, treatment, disease progression, prognosis and supportive and palliative care where applicable. This will involve frequently imparting significant news or supporting patients and carers during and following such consultations.
- 3. Effectively and sensitively communicate highly complex and sensitive information to emotionally distressed patients and family/carers at key points in the care pathway on a frequent basis.
- 4. Use advanced communication skills to provide verbal and written information to patients and their families/carers, in a timely manner specific to their individual needs.
- As a core member of the Multidisciplinary team will provide professional advice to and liaise with medical, therapy, social and nursing staff within the Trust and in primary care.
- 6. Refer to other health professionals and outside agencies to ensure optimum care and ongoing support for individual patients/carers, and to ensure the seamless transition from primary to secondary care appropriate to patients' individual needs and circumstance.

- 7. Maintain links with local and national organisations, which support the care of patients within the Stroke speciality.
- 8. Represent the Trust and provide professional advice and support to local patient support groups in order to facilitate patient and public involvement in service delivery and design.

### **EDUCATION**

- Identify and use advanced educational strategies to deliver complex information to patients and carers.
- 2. Contribute to Trust wide education and training of staff within this highly specialist area.
- Deliver formal and informal teaching initiatives as part of the Stroke education strategy as agreed with the Matron to ensure practice development and improved care for patients.
- 4. Acts as a mentor/clinical supervisor as appropriate.
- Identify own personal development needs to work as an advanced practitioner and take appropriate action to ensure these needs are met and achieve qualification at degree / masters level.
- Contribute to promoting educational links with local providers of higher education and deliver lectures on a range courses

### MANAGEMENT & LEADERSHIP

- Act as a role model demonstrating high standards of holistic care and provide clinical leadership across the Trust for this specialist area.
- Supervise the patient caseloads of members of the nursing team assuming overall responsibility where applicable.

- 3. Contribute to the clinical governance agenda.
- Participate in operational and strategic planning for the development and delivery of the specialist Stroke service.
- Attend Trust senior nurse meetings and contributing to agenda and the strategic nursing vision.
- 6. Represent the Trust by contributing to and participating in meetings locally, regional and nationally relating to the Stroke speciality.
- 7. Contribute to the annual service review and write annual report to reflect Stroke service activity and development.

### **QUALITY**

- Develop written patient information and use existing appropriate resources to inform users, according to individually assessed need
- 2. Work within the NMC code of professional conduct.
- 3. Develop policies and protocols to support the Stroke specialist service.
- Collaborate with other MDT members to develop and update multiprofessional Trust operational policies and guidelines.
- Maintain patient records and ensure an effective documentation system to reflect the delivery of Stroke specialist nursing care.
- 6. Raise the profile of the Stroke service within the Trust at local, regional and national level.
- Maintain membership and attendance at national and local Stroke forums to network and debate issues to inform the Stroke specialist nursing role and service delivery.
- 8. Audit service to agreed standards.
- 9. Identify and conduct clinical audit in own specialist area.

- 10. Participate in clinical research relevant to practice area.
- 11. Demonstrate knowledge of current clinical trials available to patients within the Stroke speciality. Work in collaboration with the Trust Research and development Team to support clinical trials for patients.
- 12. Contribute to the identification of patients eligible for trial entry. Provide support to patients considering entry to clinical trials in relation to informed consent and advocacy.
- 13. Develop links and system to seek the views of patient and carers to ensure service development is in line with user need.

#### Infection control

Staff will work to minimise any risk to clients, the public and other staff from Healthcare Associated Infection including MRSA and *C difficle* by ensuring they are compliant with the Health Act 2006 – Code of Practice For The Prevention and Control of Healthcare Associated Infections (They Hygiene Code); and by ensuring they are familiar with the Trust's Infection Control Polices, located on the Intranet.

All employees must comply with the Trust Infection Control Policy. All employees must attend infection control training as required within their department or as directed by their line manager.

#### Confidentiality

As an employee you have a responsibility to maintain the confidentiality of any confidential information which comes into your possession regarding patients, employees or any other business relating to the Trust

In accordance with the Public Interest Disclosure Act 1998 protected disclosures are exempt from this express duty of confidentiality.

### Health & Safety

As an employee you have a responsibility to abide by all of the safety practices and codes provided by the Trust and have an equal responsibility with management for maintaining safe working practices for the health and safety of yourself and others.

All employees must comply with the Trust Infection Control Policy. All employees must attend infection control training as required within their department or as directed by their line manager.

# **Quality Assurance**

As an employee of the Heart of England NHS Foundation Trust you are a member of an organisation that endeavours to provide the highest quality of service to our patients. You are an ambassador of the organisation and, as such, are required to ensure that high standards are maintained at all times.

As an employee you have a responsibility for data quality. All employees are accountable for the quality of data they input into Trust systems and/or document in paper-based records, and must ensure that it is accurate, complete, valid and timely at all times.

# **Equal Opportunities**

As an employee you have a responsibility to ensure that all people that you have contact with during the course of your employment, including patients, relatives and staff are treated equally in line with the Trust's Equal Opportunities Policy.

# **Risk Management**

You have a responsibility for the identification of all risk which have a potential adverse affect on the Trust's ability to maintain quality of care and the safety of patients, staff and visitors, and for the taking of positive action to eliminate or reduce these.

# Safeguarding

Heart of England NHS Foundation Trust has a responsibility to safeguarding and promoting the welfare of children, young people and vulnerable adults who use our services. The Trust expects all staff and volunteers to share this responsibility. As part of the selection process for this post you may be required to undergo a Criminal Records Bureau check and maintain ISA registration. If you are successful appointed, you will receive confirmation of which checks and/or registration you are required to have.

The Job Description is subject to change and may be reviewed by the manager in conjunction with the post holder.

The Trust operates a no smoking policy and is working towards a smoke free environment.