

"It has made me much more positive and the help has taken an enormous burden off my shoulders during what is a very difficult time."

BRIDGES SERVICE USER

"You are a valuable asset and I can truly say we would have really struggled to get through the past eighteen months without your support."

BRIDGES SERVICE USER

"Having no family and looking after my husband 24/7, I would never have coped without the help and kindness from Bridges."

BRIDGES SERVICE USER

"Bridges fill a gap which would not be provided by public services. It is an integral part of working towards enabling people to remain at home and having best end of life care."

HEALTHCARE PROFESSIONAL

To find out more about how Bridges can help you or about volunteering opportunities please call us on:

0121 612 2939

Bridges is managed by:

Murray Hall Community Trust  
Registered charity number: 1040170  
Company number: 3692018

Bridges in partnership with the NHS



**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

Murray Hall Community Trust  
Bridges Support Service  
The Bridge  
St Marks Road  
Tipton  
West Midlands  
DY4 0SL

Telephone: 0121 612 2939  
Fax: 0121 612 2934  
Email: [Bridges.support@nhs.net](mailto:Bridges.support@nhs.net)



# Bridges Support Service

Supporting people with  
palliative care needs in  
Birmingham

Living with a life limiting illness can be a distressing experience. Bridges Support Service supports people at the palliative care stage of the illness - both patients and carers.

Bridges helps patients and their carers to make links with and access services already available. When appropriate, we also provide additional support to maximise people's quality of life at home.

Bridges supports patients and carers within Birmingham Cross City CCG. If you are registered with a GP practice within these areas, you will be able to access the services we offer. Please contact the Bridges office on 0121 612 2939 to find out more information.

Bridges is managed by Murray Hall Community Trust, a registered charity based in the West Midlands. Bridges has been supporting people living with cancer and palliative care needs since 2001.

## We offer...

- A home visit to understand your needs
- Co-ordination of support
- Help with domestic tasks in the home
- Someone to sit with the patient so that the carer can have a break
- Someone to talk to who understands what you are going through
- Help to find reliable information
- Help to access benefits and manage your finances
- Help to find spiritual support

## Volunteering opportunities

Volunteering can be an enriching experience. It can help you develop new skills and meet interesting people.

Bridges volunteers make a positive difference by giving their time to support people living with a life limiting illness. You can volunteer in many different ways, for example:

- Be a volunteer driver – drive patients and their carers to hospital appointments
- Be a befriender – visit people at home or in the community

There are other volunteer roles to explore, including fund raising. You choose how much time you commit to volunteering and you will be supported in your role by the Bridges Volunteer Co-ordinators and the Bridges Team.